



ACTION FOR HEALTHY COMMUNITIES



ANNUAL REPORT 2018-2019

Hours of Operation
Mon: 9am-5pm
Tue-Fri: 9am-8pm
Sat: 12pm-8pm
Sun and Holidays: Closed

Follow us on our Social Media!
Facebook: www.facebook.com/action4
Twitter: @action4hc
Instagram: @action4hc
LinkedIn: Action for Healthy Communities

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Email: communications@a4hc.ca

MESSAGE FROM THE EXECUTIVE DIRECTOR & BOARD CHAIR

2018 was a good year for Action for Healthy Communities (AHC) and one that saw continued change and progress. We continued our focus on the provision of client-centered capacity building support and remaining responsive to the needs of our clients and participants. We continuously worked on building our internal capacity, which included upgrading our infrastructure and developing the required competencies of our staff, board members and volunteers to effectively respond back to the changing organizational needs.

Despite challenges and uncertainties, together we have accomplished a lot during the past few years. We have a very qualified, committed and diversified board of directors that feels a strong connection to AHC’s mission and vision, and is proud to work alongside AHC’s exceptional leadership, staff and volunteers. We have developed and strengthened our partnerships with our funders and supporters resulting in the expansion and enhancement of our program and services to better serve the community. We have developed great relationships with our agency peers to bring more synergies and to develop and run more effective and collaborative programs. Our clients continue to provide challenging opportunities to deliver and innovate relevant services as well as providing feedback critical for improvement.

During this past year, we have provided support to more than 10,000 individuals, including families, youth and children, through our capacity building support, programs and services. This could not be done without the leadership and commitment of our dedicated staff and volunteers.

We have also built meaningful relationships with various stakeholders and partners in small towns to expand our support to the underserved newcomer population groups in those towns.

We have been part of a community that has played a leadership role to make Edmonton and Alberta a better place for all of us.

We are thankful to our funders, partners and stakeholders for their continued support and guidance to make 2018 a successful year for us and we strongly believe that with their ongoing support we will be able to take on new challenges and help more people to successfully integrate into society.

Sincerely,

Aftab Khan
Executive Director

Michael Beard
Board Chair

HIGHLIGHTS 2018-2019

Our objective at Action for Healthy Communities is to build the capacity of individuals and groups to improve their lives and communities through a unique community building

10,000+ Clients & Participants

served last year (includes program and event participants, volunteers, etc.)

100+ | Partners
and
Supporters



57 | Program
Sites



We didn’t do it alone...

300+
**VOLUNTEERS
& PLACEMENT
STUDENTS**

CONTRIBUTED MORE THAN

11,000+
**HOURS OF
SUPPORT**

Volunteer Spotlight



Yuk Ki Wong

“I love that AHC provides a large variety of volunteer positions for students. I have volunteered for different positions such as front desk, event planning and coordination. Most importantly, I have learned many practical skills from these positions such as time management skills, teamwork and communication skills. Overall, I think it was an excellent and valuable experience.”



Moftah Souliman

“When I first started volunteering at Action for Healthy Communities I found many things difficult, but over time I got much better at communication. I’ve been able to volunteer at the front desk, with data-entry, accounting, the tax clinic and currently with the English conversation circle. The environment and staff here are very nice and I enjoy working with the clients.”

WHERE WE SERVE

**ACTION FOR HEALTHY COMMUNITIES
(MAIN OFFICE)**
#100 10578 113 ST NW

C5 HUB
(SETTLEMENT DROP-IN, YOUTH,
ENTREPRENEURSHIP PROGRAM, TAX CLINIC)
142017 VICTORIA TRAIL NW

**CASTLE DOWNS PUBLIC LIBRARY
(YOUTH PROGRAM)**
15379 CASTLE DOWNS RD NW

**CLAREVIEW PUBLIC LIBRARY
(YOUTH, ENGLISH CONVERSATION CIRCLE)**
3808 139 AVE NW

**CLAREVIEW MULTICULTURAL CENTRE
(ADULT LITERACY PROGRAM)**
3804 139 AVE NW

**DICKINSFIELD AMITY HOUSE
(SETTLEMENT DROP-IN SERVICES - TUESDAYS)**
9213 146 AVE NW

**ENTERPRISE SQUARE PUBLIC LIBRARY
(ENGLISH CONVERSATION CIRCLE)**
10212 JASPER AVE NW

**LEE RIDGE COMMUNITY CENTRE
(ENGLISH CONVERSATION CIRCLE)**
549 MILLBOURNE RD EAST

**LONDONDERRY PUBLIC LIBRARY
(YOUTH PROGRAM)**
SUITE 166 LONDONDERRY MALL
6604 137 AVE NW

**MAC ISLAMIC CENTRE
(ENGLISH CONVERSATION CIRCLE, TAX CLINIC)**
6104 172 ST NW

**MEADOWS PUBLIC LIBRARY
(ENGLISH CONVERSATION CIRCLE)**
2702 17 ST NW

**MILL WOODS SENIORS ASSOCIATION
(ENGLISH CONVERSATION CIRCLE)**
2610 HEWES WAY NW

**ONE WORLD ONE CENTRE LINC PROGRAM
(EMPLOYMENT SUPPORTS)**
12050 95A ST NW

**ST. FRANCIS WOMEN'S FOUNDATION LINC PROGRAM
(SETTLEMENT DROP-IN)**
6614 129 AVE NW

**WE OPERATE IN 38 SCHOOLS THROUGHOUT
EDMONTON. FOR MORE INFORMATION ABOUT
OUR OTHER PROGRAMS PLEASE CONTACT US AT
(780) 944-4687 OR VISIT: WWW.A4HC.CA**

SETTLEMENT, INTEGRATION & EMPLOYMENT SUPPORTS



4200+ | total unique clients
served for all program
components in 2018-2019

Types of Support

- **SETTLEMENT & EMPLOYMENT COUNSELLING**
- **COMMUNITY CONNECTIONS**
- **GROUP SESSIONS**
- **LABOUR MARKET CONNECTIONS**
- **RESOURCE & NETWORKING FAIRS**

Top 5 First Languages of the Clients

اللغة العربية
ARABIC

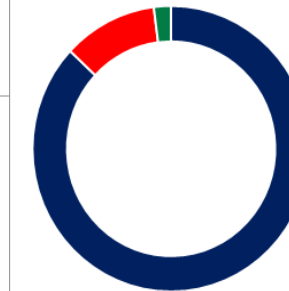
ትግርኛ
TIGRINYA

كوردی
KURDISH

普通话
MANDARIN

नेपाली
NEPALI

Immigration Status



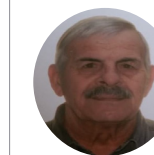
87% Permanent Residents and Refugees



11% Citizens



2% Others



"I am so lucky to be in Canada and to meet with AHC staff, who never gave up and continued to appeal until I was approved. Thank God for wonderful people and this great organization for their support." - Adnan

Top 5 Countries of Origin



SYRIA



IRAQ



ERITREA



CHINA



EGYPT

A circular inset photograph of a young man with dark, wavy hair and a light beard, wearing a white t-shirt. He is looking directly at the camera with a slight smile. The background is blurred, showing what appears to be an indoor sports facility with other people in the distance.

- Mohamed Alshoha



There were **678** Female and **837** Male participants

115 Youth Life Skills participants

11 Students engaged in Youth Work Experience Program

A high-angle, top-down photograph of six children of diverse ethnicities lying in a circle on a green lawn. The children are all smiling and laughing, looking towards the camera. They are dressed in casual clothing like t-shirts and sweaters. The scene is brightly lit by natural sunlight, creating a warm and joyful atmosphere.

Number of Participants 2018-2019

29

36

35

37

30

34

6 Action For Healthy Communities

For more details about this program call (780) 944-4687 or visit: www.a4hc.ca

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Annual Report 2018-2019 7

ENTREPRENEURSHIP SUPPORTS PROGRAM

"The entrepreneurship program has helped me to solidify my business goals and objectives and to have a clear idea of how to direct and manage my own business. The program has also provided me with the guidance of professional business mentors along the rocky journey to achieve my business goals. I appreciate the opportunity that was given to me throughout this program."

- Marina Mejia



AHC's unique and tailored Entrepreneurship Supports Program offers customized business development training for diverse groups, business mentorship, one-on-one business coaching, business consulting and advising, pathfinding to access resources, industry connections and networking opportunities; all curated to maximize the success of the entrepreneurial endeavours of recipient entrepreneurs.

IN 2018-2019
PROGRAM SUPPORTED
141
ENTREPRENEURS
(68% FEMALE & 32% MALE)

PROGRAM ENGAGED
30
RESOURCE PROFESSIONALS
(AS FACILITATORS, GUEST
SPEAKERS & MENTORS)

64
1-ON-1 CONSULTATION
SESSIONS

4
EXPERT BUSINESS COACHES
DELIVERED CUSTOMIZED SUPPORTS
350+
COACHING/
COUNSELLING HOURS

ENTREPRENEURIAL TRAINING SUPPORTS CAN BE ACCESSED AT 4 LOCATIONS IN NORTHEAST (2 SITES), CENTRAL AND SOUTHWEST EDMONTON, WITH DEDICATED STREAMS FOR WOMEN ENTREPRENEURS.

ADULT LITERACY & SKILLS DEVELOPMENT



IN 2018-2019
455
PARTICIPANTS ENGAGED
IN ADULT LITERACY &
SKILLS CLASSES
(ENGLISH, MATH & NUMERACY,
COMPUTER AND LITERACY FOR
NEWCOMERS)

A TOTAL OF
1084
ADULT LITERACY &
SKILLS CLASSROOM
HOURS

808
PARTICIPANTS
IN LEADERSHIP
TRAINING,
WORKSHOPS AND
ACTIVITIES

"Through participating in the Adult Literacy and Skills Development Program, we have all improved our English language skills. Lessons in the class are so helpful that I can apply them in my real life in a lot of situations. Studying here also gives me more opportunities to make friends with people who are also newcomers in Canada."

- Nhi Nguyen

COMMUNITY DEVELOPMENT SUPPORTS



COMMUNITY INITIATIVES SUPPORT PEOPLE
TO WORK TOGETHER FOR HEALTHY AND
ACTIVE COMMUNITIES

40

ACTIVE COMMUNITY INITIATIVE GROUPS

700+

COMMUNITY INITIATIVE PARTICIPANTS

COMMUNITY CAPACITY TRAINING
NURTURES CRITICAL SKILLS FOR FUTURE
COMMUNITY LEADERS



"It has been my pleasure to be EAC-AHC's first Artist in Residence. Through my writing workshops, poetry events, AGA visits and participation in AHC's programs, I have been able to establish a close link between the Edmonton arts community and the newcomers served by the organization."
- Luciana Erregue, AHC/EAC 2019 Artist in Residence
Read more at: www.a4hc.ca/luciana

MULTICULTURAL EVENTS CELEBRATE
OUR STRENGTH FROM DIVERSITY

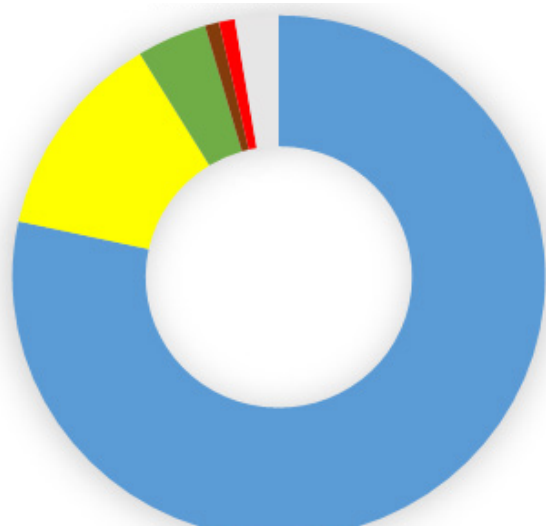
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MULTICULTURAL GATHERINGS

600+

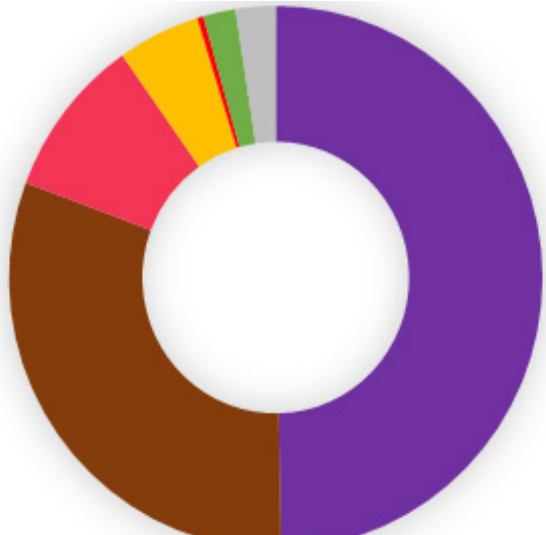
MULTICULTURAL GATHERING PARTICIPANTS

FINANCIAL REPORT



REVENUES

Federal Government	\$2,561,707
Municipal Government	\$420,002
Foundation/Association/Corporation	\$139,036
Provincial Government inc. Casino	\$31,447
Donations and Fundraising	\$28,082
Other Revenue	\$84,279
Total Revenue	<u>\$3,264,553</u>



EXPENSES

Settlement & Integration Supports	\$1,575,724
New Immigrant Youth	\$983,495
HACK & Community-Capacity Building	\$303,776
Entrepreneurship Supports	\$158,378
Adult Literacy & Skills Development	\$62,010
Casino	\$11,948
Other Programs	\$76,876
Total Expenses	<u>\$3,172,207</u>

OUR PARTNERS & SUPPORTERS

Settlement, Integration & Employment Supports (Page 5)

Dickensfield Amity House	Queen Mary Park Community League
Arctic Chiller	Mill Woods Seniors Association
MAC Islamic Centre	COBS Bread Bakery
C5 Hub	Basically Babies
One World One Centre	Alberta Ballet
Michener Park (University of Alberta)	Pharmasave
Alberta Media Production Industries Association (AMPIA)	All Care Pharmacy
St. Clement Catholic School	Janan Jarrah/eLaw Alliance
Edmonton Public Library	Limited Consulting
City of Edmonton	General Line Immigration
CLAC	Pizza Hut
Alberta Workforce Essential Skills Society (AWES)	Communities United

New Immigrant & Refugee Youth Program (Page 6)

Elementary Schools

Steinhaur School, St. Theresa School, Holy Spirit School, Richard Secord School, St. Pius X School

Junior High Schools

Balwin School, Our Lady of Mount Pleasant Catholic School (Camrose), Dickensfield School, Edith Rogers School, John D. Bracco School, Killarney School, Londonderry School, Mary Butterworth School, Michaelle-Jean School, Riverbend School, St. Alphonsus School, St. Catherine School, Westmount School

High Schools

Archbishop Jordan School, Blessed Oscar Romero, Cardinal Collins School, Centre High School, Eastglen School, Fresh Start/Corpus Christi, J. Percy Page School, Jasper Place School, Lillian Osborn School, McNally School, M.E Lazerte School, Archbishop O'leary School, Queen Elizabeth School, Ross Sheppard School, St. Joseph School

Others

Nina Haggerty Centre for the Arts
Edmonton Public Library
C5 Hub
Kingdom Minded Church

Healthy Active Community Kids (Page 7)

Edmonton Public School Board	Athlone Elementary School	Inglewood Elementary School
Edmonton Public Library	Belmead Elementary School	Sherwood Elementary School
Edmonton Food Bank	Brightview Elementary School	Prince Charles Elementary School

Entrepreneurship Supports Program (Page 8)

Agro-Food Council	Multi-Cultural Health Brokers
City of Edmonton - Economic and Environmental Sustainability Branch	North Edmonton Business Association
City of Edmonton - FCSS	Rural Alberta Business Centre
Communities United	St. Francis Women's Foundation Linc Program
Edmonton Community Development Corporation	Somali Canadian Women & Children Association
End Poverty Edmonton	South Korean Community
Francophonie Albertaine Plurielle (FRAP)	C5 Hub
Iraqi Canadian Association	University of Alberta School of Business
MacEwan University School of Business	Wayfinders Business Co-operative
Multicultural Family Resource Society	West End Syrian Association

Adult Literacy and Skills Development (Page 9)

Alberta Culture & Tourism
Edmonton Community Adult Learning Association (ECALA)
Immigrant Community Alberta Network Association (ICAN)
Brightview School
Central McDougall/Queen Mary Park, Neighbourhood Revitalization, City of Edmonton
Edmonton Public Library – Clareview
Edmonton Food Bank
Santa's Anonymous
Chinese International Student Development Society

Community Development Supports (Page 10)

Running Room	Diversity Magazine
Servus Credit Union	Alif Partners
MEC	Edmonton Public School Board
United Cycle	Shiloh Roots Multicultural Centre
Alberta Motor Association	HACK Parents
St. Joseph Highschool	Queen Mary Park Community League
Central McDougall/Queen Mary Park, Neighbourhood Revitalization, City of Edmonton	Syrian Associations

OUR TEAM



BOARD OF DIRECTORS

Michael Beard	Chair	Megan Mackintosh	Director
Ahmed Shaikh	Vice Chair	Amanda Serra	Director
John Alexander	Secretary	Imoeleayo Adeyeri	Director
Nan Yu	Treasurer	Abbes Razik	Director

Staff

Abdoulaye Barry
Abida Tahir
Ada Mejia
Aftab Khan
Alexandrea Vandal
Ali Faour
Amjd Albida
Anane Dabala
Andrea Streisel
Anita Sayaphet
Annina Plummer
Ayesha Khan
Basem Alabd Alrahim
Basharmal Hotak
Carmen Muboyayi
Cameron Edney
Chris Ford
Christine Lirette
Clara Jo
Dalvir Gill
Daniel Hwang
Dina Elhayek
Erica Asseily

Habiba Nur
Hanine Al Helwani
Hannah Somerville
Harpreet Kaur
Hasina Hotak
Hisra Dahir
Hugo Herrera
Javaid Hayat
Jenna Boonstra
Jennifer Mounsef
Jessica Barker
Jing Zu
Joelle Kacou
Jonathan Spaner
Julia Tran
Kamal Takeieddine
Kameran Akrawi
Khaled Zaghloul
Kaylee Onucki
Kemoh Mansaray
Kevin Sun
Laura Bures
Laural Borys

Lida Arguello
Leila Abouzeeni
Maria Lucila Mejia
Mark Frederick
Michelle Bautista
Michelle Luyimbazi
Mohamed Abubakar
Morgan Kostiuk
Muhammad Afzal
Mustafa Shhadeh
Mustafa Zahid
Nadine Moore
Nafaa Alokla
Nathan Dlugos
Nazret Tekhlay
Nebiyeleul A Habtu
Neil Lamouche
Nelson Pereira
Nilofar Tahir
Nilton Romero
Omar Al-abdullah
Reham Hamzah
Rezan Bebany

MANAGEMENT

Executive Director
Aftab Khan

Managers
Sherry Park
Suzana Dumo

Rola Chehayeb
Romi Khabra
Roula Haydamous
Sarah Yaqoob
Shaabir Hotak
Sheena Groat
Sheila Muxlow
Shelly Dunsford
Shuang Wu
Soonhwi Park
Suraj Khatiwada
Suzana Dumo
Victoria Paonessa
Vivian Mak
William Heng
Yanyu Zhou
Yue Zheng
Yuheng Zhou
Zeinab Abdelaziz
Zoila de Paz-Gendreau
Zubair Ahmed

THANK YOU TO OUR FUNDERS AND DONORS!

Government of Canada

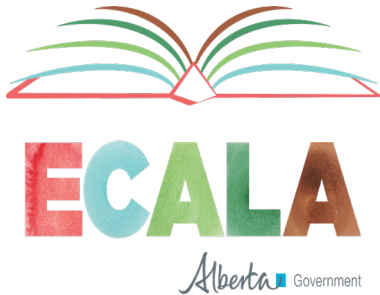


Immigration, Refugees and Citizenship Canada
Immigration, Réfugiés et Citoyenneté Canada

Government of Alberta



City of Edmonton



"The Moffat Family Fund through
Winnipeg / Edmonton Community
Foundation"



TELUS Friendly
Future Foundation



President's Choice
CHILDREN'S CHARITY
Helping kids do anything™

